

## **CERTIFICATE**

OF PARTICIPATION

This is to certify that

## **Ilse Langhout**

Has successfully participated & completed the

10 Km HI-TEC Middelvlei Full Moon Run #2

held at Stellenbosch.

**TIME** 00:54:57

**PACE** 05:28/km

**OVERALL** 35 of 138

**GENDER** 9 of 71

**40 - 49** 3 of 14

11 December 2019, Wed

Date



BoutTime

Signature